Verde: Mammoth Cave and Canoeing the Green River

Trip Description

With a variety of adventurous activities, participants of all experience and ability levels are sure to have a memorable and appropriately challenging experience. Join us for the exciting sports of canoeing and caving and make new friends as you begin your first year of college.

We will spend two days canoeing on the beautiful Green River, in KY. Then, we will explore the caves and trails of Mammoth Cave National Park for two days.

Through participation in Verde you will:
- Spend three days canoeing and caving in Mammoth Cave NP, KY
- Learn how to prepare for your upcoming transition onto the IU campus
- Discover ways to get involved and be successful in your first year
- Make connections with other first year students who share similar interests

Accommodations:
- 3 nights of tent camping (running water, toilets) in Mammoth, KY
- 2 night of tent camping (no running water or toilets)

Please sign up by visiting the IU Office of First Year Experience online, before July 15, 2012.

Trip Dates: August 10-15, 2012

Cost: $400

Cost includes:
- Instruction
- Food (except meals on the road)
- Permits and fees
- Group Gear (tents, mountain bike and helmet, cooking gear, etc.)
- Transportation
- Fun!

Cost does not include:
- Food (during car travel)
- All items on packing list (see page 2)

Enrollment Limit: 12
Below is a list of items you may need and/or want to use on your trip. We do not expect you to buy all the gear on this list in brand new condition. This is simply a list of necessary and suggested items that you can rent or purchase, from IUOA, before your trip’s departure.

Good places to purchase gear are IUOA Gear Shop (in Eigenmann), Goodwill (or other consignment shops), JL Waters (on the Bloomington Square), Dick’s Sporting Goods, etc.

GEAR KEY:
- The items (and quantities of items) in bold type are mandatory.
- The items not bolded are for comfort, but are not necessary.
- *Item is available for rent from IUOA. Please call 812-855-2231 by July 1, 2012 to reserve gear.
- $ Item is available for purchase from IUOA. Please call for price and availability.

Sleeping
- Synthetic sleeping bag (rated to 40° F) *
- Sleeping pad *
- Travel Pillow

Clothing
- 1 Waterproof jacket
- 1 Waterproof pants
- 1-2 Long sleeve shirts (synthetic or wool)
- 2-3 Short sleeve shirts (synthetic or wool)
- 1-2 Mid-weight insulating tops (synthetic or wool)
- 1 Pair long pants (synthetic)
- 1 Pair of clothes to sleep in
- 1 Cap (for sun)
- 1 Bathing suit
- 1 pair of old jeans and sweatshirt for caving

Footwear
- 1 Pair of hiking or running shoes for caving
- 1 Pair of shoes for canoeing
- 2-3 pairs of socks (synthetic, shin high)

Eating
- 1 Plate/bowl
- 1 Eating utensils (spoon and/or fork, spork)
- 2 Water bottles (32oz minimum)

Other
- 1-2 small dry bags
- Lip protection
- Sun block
- Sunglasses
- Personal hygiene items
- 1-2 Bandana/handkerchief
- Personal medications
- 1 Flashlight/headlight *
- Extra batteries
- Plastic bag(s) of various sizes
- Money (for souvenirs and road food)
- Waterproof camera with film

Group gear provided by IU Outdoor Adventures:
✓ Tents
✓ Food
✓ Canoeing and caving gear
✓ Tarps
✓ Cooking gear
✓ Compass, Map