Goodbye Summer, Hello Fall!

“Autumn is a second spring when every leaf is a flower.”
- Albert Camus

The trees are bright with color, the air is crisp, and our mouths are watering at the thought of pumpkin pie. Here at IUOA, we are loving the change of weather, as it makes for perfect adventures.

We have sent out our first courses of the year already. Plenty of rapids have been run by kayaks and rafts alike. Future leaders are being trained in Intro to Wilderness Leadership. We have even begun to visit the Red River Gorge to climb.

Fall break is coming up fast and we have spots open for our upcoming trips. Enjoy the changing of the leaves from the river in Ohio, or from above in Illinois as you climb to new heights. For more information, visit page 5. To sign up, call us or visit the shop before someone else beats you to it!

It is never too early to start thinking about Thanksgiving or Winter Break. We have some great trips revived from the past and some new additions to spice things up. Check them out on page 6.
Meet a Trip Leader

Once a month we recognize one of our Trip Leaders for their hard work and dedication.

Meet Bridget Masur!
Everyone say hello to Bridget!
Bridget is a Senior from Ashtabula, OH and is studying Outdoor Recreation. She loves many outdoor activities, from rock climbing to coastal kayaking.

Where did you get your interest in the outdoors?
Growing up my family would always go for a hike on Sunday. As a family we had a huge draw to Lord of the Rings. Indiana is the perfect spot to recreate movie scenes from LOTR if you didn’t know. We would get into our hike and be going off trail to some stream or river over a ridge and the games would begin! My role ranged from Aragon to Golem to being an Orc. We would rig makeshift bows, swords and spears. I only remember getting hurt once.

How did you start at OA?
I went on an IUB trip as an incoming freshmen and I had three stupendous leaders, not to mention our ROCA trip was the BEST ROCA trip there ever was! Kyle Meier, Becca Wallingford and Allison Stamer. They were great people to look up to and have as models coming into college. We were at that weird brunch/lunch/sandwich picnic behind the Union after the trip and Kyle explained to me how IUOA worked and said that I should get into ITWL as soon as possible. I trusted him and the next day I signed up for IUOA.

What is your favorite outdoor moment/trip?
I would probably have to say sitting in the dark, on top of the crazy edges to the Colorado River with Meredith Strunk, in The Grand Canyon. Scout was making her way to us! It was very peaceful yet loud having the comfort of the rushing river right beside us. I remember sitting with her and looking down and seeing all of the headlamps just bobbing up and down at camp.

Tell us about your next adventure trip.
Oh wow, glad you asked. Thanksgiving Break is going to be here before you or I know it! Luckily IU is giving us a WEEK long break, which means so much time for activities! There is a lovely trip that I shall be leading with Michael Egge and Patty Haltom down to good ol’ HorseShoe Ranch. There is supposedly gnargnar climbing down there that we want to take a good ol’ group of adventure seekers to go explore with us. It is a 4 day trip and I can’t wait!

What is your dream adventure?
To never grow up!

Three interesting facts:
1. I have two older sisters.
2. I just got glasses this year.
3. I learned how to cook by trying to cook Indian food.
Featured Gear Shop Item

Chalk Up to Send Your Next Project!

Our new chalk bags are not only bright and shiny, they also benefit the Access Fund, the organization responsible for protecting climbing sites nation-wide. Another perk, these bags are made of an abrasion-resistant canvas and are built to last. For convenience, the bags come with a hip belt as well as a zippered pocket to keep necessities close. Don’t forget to fill it up with bagged chalk in the shop!

This chalk bag and the rest of our climbing gear is 25% off for the month of October. Stop in and gear up for our climbing trips while you can!

Ye’ Old Outdoor Leaders

Take a moment to learn about Paul Petzoldt, mountaineering innovator and wilderness educator.

In 1908, Paul Petzoldt was born in Southern Idaho. He grew up on a family farm and discovered his love for the leadership and the outdoors early. In grade school, Paul was known for organizing and teaching other students games he created during recess. At age sixteen in 1924, he tackled the climb of the Grand Teton, a 13,766 feet tall peak. Paul was the youngest at the time to perform the climb and amazingly did so in blue jeans and cowboy boots.

Having experienced life-threatening difficulties on his trek up the Teton, Paul realized the need to educate and prepare others for outdoor excursions. He developed mountaineering techniques such as the “sliding middle-man” and the voice signal system. He became notably successful in climbing and he participated in the first American group to climb K2 of the Himalayas in 1932. Here, he utilized the practice of rhythmic breathing. Later, he and fellow climber Dan Bryant achieved becoming the first to cross the Matterhorn in the Alps twice in one day.

As World War II raged on, Paul began working in Washington D.C. at the Department of Agriculture. Later, he offered his service in the Army’s 10th Mountain Division in Camp Hale, Colorado. Initially he cleaned floors, but his outdoors skills became known and he began teaching ski safety and preparedness to ski troops in the division. As a wilderness activist, he fought for the Wilderness Act before Congress in 1963. That year he also assisted in the establishment of the first American Outward Bound program.

Paul’s most celebrated accomplishment occurred in 1965 when he established the National Outdoor Leadership School, an education system that promotes leadership education in the wilderness and environmental conservation. Paul passed away in 1999 and is remembered today as an innovator in mountaineering, honorable wilderness advocate, and a teacher til his final days.
Brown County is one of the most beautiful state parks in Indiana. With plenty of trails, ranging from horse use, to hiking, to strict mountain biking, the park can be traveled in many different ways. Rolling hills, beautiful vistas, and lookout towers highlight the park. The park does require a gate fee, but the range of activities are worth it. Nicknames like “The Little Smokies” are not handed out lightly, as it resembles the beautiful national park. At only thirty minutes away, compared to the six hours to the national park, you can get your hiking in much easier at Brown County State Park.

Check out the following locations this fall to experience the leaves on the trail, from a fire tower, or near the lake!

**Brown County State Park**: 1405 S.R. 46 W. Nashville, IN 47448

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**Hickory Ridge Fire Tower**, Charles C. Deam Wilderness, Hoosier National Forest, Polk, IN 47401

Fire towers were once lived in by employees of land management agencies to spot and prevent forest fires. Today, many fire towers still stand. One of which is located in Indiana’s only Wilderness areas, the Charles C. Deam Wilderness. Located just off of 446, about half an hour away. The wilderness can be yours to explore. The fire tower offers a spectacular view of the Hoosier National Forest, you can see the trees changing color for miles. If you are lucky, you may even see a family of flying squirrels living in the roof of the tower. Last spotted at sunset by one of our leaders, five squirrels jumped from the tower and glided into the forest. So be sure to check out this area for its trails, tower, and wildlife.

**Yellowwood State Forest**: 772 South Yellowwood Road, Nashville, IN 47448

Yellowwood is a beautiful location located about twenty minutes outside of Bloomington. Home to the unique yellowwood tree, the forest offers rare growth seen this far north. The yellowwood, more common to the south features a bright yellow heartwood with beautiful compound leaves. To couple this specimen, the forest is full of maples, oaks, and even pine trees. This diversity offers a spectacular display of leaves come fall. Yellowwood Lake is located just inside the forest, with a hiking trail surrounding it, a great way to view the forest.
Fall Break Trips

Climb  Jackson Falls, IL  Oct. 9th-12th  $168

Take your fall break to one of the most unique climbing areas in the Midwest! Jackson Falls offers three waterfalls surrounded by climbing routes and bouldering problems. The sandstone pockets, slabs, slopers, and free standing boulders are calling your name.

Canoe  Little Miami River, OH  Oct. 9th-12th  $165

Considered one of Ohio’s most beautiful waterways, the Little Miami Scenic and Wild River provides paddlers a chance to experience the wilderness in a unique way. Rarely does one get to pass through an area so serene, but still see so much of it. So join us this fall break, and connect with the river and the wild.
Upcoming Trips

Start planning early for all the amazing trips happening this year!

### Thanksgiving Break

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<tr>
<th>Activity</th>
<th>Location</th>
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<tr>
<td>Backpacking</td>
<td>Appalachian Trail, VA</td>
<td>Nov 21st-25th</td>
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<tr>
<td>Coastal Kayaking</td>
<td>Altamaha River, GA</td>
<td>Nov 21st-25th</td>
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<tr>
<td>Climbing</td>
<td>Horseshoe Canyon Ranch, AR</td>
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### Winter Break

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<td>Hueco Tanks, TX</td>
<td>Jan 3rd-10th</td>
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<tr>
<td>Backpacking</td>
<td>Florida Trail</td>
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<tr>
<td>Coastal Kayaking</td>
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**ROCKTOBER GEAR SALE!**

All rock climbing gear 25% off for the month of October!

Gear up for the most beautiful climbing season - fall.

Quickdraws, brushes, chalkbags, carabiners, chalk, climbing salve, and more available in the shop!