In This Issue

Meet A Trip Leader
To ski, or to snowshoe...?
Meet Kurt Hahn
Banff Mountain Film Festival
Event: Colorado River solo expedition presentation
Calling all water lovers to Canada!

One month to Spring Break. But who’s counting...?

The groundhog says expect 6 more weeks of winter…but we at OA are optimistic that rain, snow or shine, we’ll have a good time getting outside this February! So far this semester, students have spent a weekend cross country skiing in Michigan, two weekends in Wisconsin ice climbing, and the Intro to Wilderness Leadership class survived sub-zero sleeping conditions! As the ITWL prepares to go out for their second weekend, our backpacking, map and compass, and Leave No Trace courses will be heading out on their first.

The Office of Sustainability and OA are continuing their efforts to refurbish bikes and create a bike exchange program on the IUB campus. The pilot will run this semester. Check in next month for more updates on how to participate in this wonderful project.

Thanks to all who signed up so far for our Spring Break trips! We ended up adding one new trip and expanding two others just to meet the demands.

And on a personal note, our OA leaders are excited about the recent creation and implementation of a mentor program among trip leaders. We hope to continue in fostering awesome leader relationships and a positive community of outdoor enthusiasts in Bloomington!
Meet Greg Welage!

Everyone say hello to Greg! Greg is a senior from Greenfield, IN and is studying Environmental Science with a concentration in Water Resources and a minor in Geology.

Where did you get your interest in the outdoors?
I grew up playing outside every day for hours on end. I was in the Cub Scouts/Boy Scouts for a few years and my dad would take the family hiking every now and then. I think once I decided on environmental science during my freshman year here at IU, I wanted to get out and experience nature in addition to studying it.

What is your favorite outdoor moment/trip?
I’m a very indecisive person and I try to take away a good memory from every OA trip- some things that come to mind are leading a 80’ trad route during climbing training, staying in tree house cabins down around Jackson Falls on the spring break climbing trip last year, and backpacking and xc skiing on expedition leadership this past winter break.

Tell us about your next adventure trip.
I will be co-leading with Sam Wright on the Rocky Mountain Climbing Spring Break trip and Andrea Kalasountas is the Assist. Climbing + Colorado = enough said.

What is your dream adventure?
Again, I can’t pick just one, so I’ll share a few things on my bucket list: climb and ski in Patagonia, Norway, and New Zealand; backpack the Appalachian Trail, Pacific Crest Trail, and John Muir Trail; climb in Yosemite; and backpack through Alps.

Three interesting facts:
1. I spent three weeks in Siberia this past summer through the SPEA IU in Siberia study abroad program where I swam in Lake Baikal and saw freshwater seals.
2. My brother-in-law is from Ethiopia.
3. I have only watched tv a few times in the past 3 years (excluding documentaries).

Most embarrassing moment?
My religion teacher in middle school made me sing a song in front of the entire class because I wouldn’t participate during class- let’s just say I was pretty mad at him for a while.
Winter isn't over yet and it won't be for a couple months. So why not take advantage of the season by engaging in an outdoor adventure? Here at IUOA, we offer both cross country skis and snowshoes to give our customers the winter adrenaline fix they need.

Our cross country skis are masters of shredding the 'country gnar.' These waxless touring skis are perfect for winter adventurers of all levels. They are great for the Cascades golf course, Yellowwood State Forest, or on the IU golf course! For only $36.00, you could have yourself a pair of skis, poles, and boots for a whole weekend.

If cross country skiing isn't your game, perhaps a day spent floating above the snow on a pair of snowshoes is more your style. These tools, which used to be essential for fur traders who needed to travel during the winter, were invented 6,000 years ago! Our recently renovated aluminum framed snowshoes can be rented at the low price of $12.00 for an entire weekend. Whether you are wanting to get out to trade fur with a buddy, you are trying to burn some calories, or you are just looking to have fun in the snow, snowshoes are the way to go!

Well fellow adventurers, you heard it here first. Winter adventuring has been made possible by IUOA's gear shop; stop in today to rent out your pair of cross country skis, snowshoes, or both!

During WWII many British ships were sunk by German U-Boats. This left many stranded sailors at sea. Strangely, the Navy discovered that the young fit sailors where not surviving ship wrecks, but the “gnarled” old seamen were. Kurt Hahn founded the first Outward Bound School in 1941 in order to address this concern and teach young sailors the skills necessary to survive at sea. Hahn believed that the young seamen lacked the experiences and personal characteristics necessary to endure the long and grueling tasks that were required to survive a shipwreck. Hahn focused on teaching such topics as land and sea expeditions, rescue training, and service to the community. Hahn founded the school to counteract what he perceived as the decline of a diseased civilization (Mckenzie, 2003, p.8-9). Originally the school was based on the four pillars of physical fitness, self-discipline, craftsmanship, and service. However, overtime the model has been tweaked and refined into the well-known “Outward Bound Process” that we use today (Mckenzie, 2003; Walsh & Gollins, 1976; Nold, 1978). Due to the school's great success, Outward Bound hosts programs in the US and around the world while many other adventure education programs follow the OB process.

Indiana University Outdoor Adventures’ 12th Annual

Banff Mountain Film Festival World Tour

The Banff Mountain Film Festival, a program of The Banff Centre, is the largest and one of the most prestigious, mountain festivals in the world. Indiana University Outdoor Adventures is excited to bring the Banff Mountain Festival World Tour to Bloomington at the Buskirk-Chumley Theater on March 29th and 30th at 7:00 p.m. Doors open at 6:30. Experience different films each night!

Ticket sales begin on March 1st and can be purchased directly from the Buskirk-Chumley Theater (812)323-3020 or from IU Outdoor Adventures (812)855-2231. Both nights will include incredible prize giveaways from our amazing sponsors.

Ticket prices for one night of the event are:
$15 for general admission and free for children under 5 years old.

Is one night not enough? Buy a Festival Pass for entry to both Saturday & Sunday.
$27 for general admission festival pass.

For more information about ticket sales please contact the Buskirk-Chumley Theater at (812) 323-3020 or Indiana University Outdoor Adventures at (812) 855-2231.
Climbing has always left me mesmerized by the fluidity and spontaneity of climber's body movement. Usually I have the opportunity to view climbers through a camera lens as they smear their thin rubber shoes onto rock faces, or more commonly onto plastic footholds. However, just two weeks ago I viewed another discipline of climbing through a different lens. As an LIT for an Ice Climbing Class I saw climbing from a new, exciting perspective. Instead of only being a participant out climbing with my buddies, I had the opportunity to be a leader amongst a group of peers. Although I was responsible for assisting other leaders and helping ensure the safety of the group and its morale, I quickly realized that in an experiential learning setting, all leaders are learners. Groups of participants can be difficult to manage regardless of whether the activity is ice climbing or coastal kayaking. Each of us leaders are challenged by a number of aspects of outdoor leadership such as incorporating that goofy, entertaining element into skills lessons or getting creative with the spices in the kitchen. We all monitor our participant’s morale to ensure that their stoke is as high as ours. We all love the outdoors, and regardless of whether we enjoy it best with a backpack on our back or an ice axe in our hand we each are passionate for sharing these experiences with others. I want to take this opportunity to thank Outdoor Adventures for continually providing us learners with the resources, training, and experiences to become better leaders.

-George Armstrong

## Spring Break Trip

Join us on an amazing trip to the famous Havasu Falls in the Grand Canyon! Tour the incredible waterfalls, swim in vibrant blue pools & relax in the shade of cottonwood trees, all while being surrounded by striking red rocks of the canyon walls.

**ONLY 3 SPOTS REMAIN**

To sign up visit IUOA or Call 812.855.2231

[outdoors.indiana.edu](http://outdoors.indiana.edu)
Canoe Canada with us!

Few trips take you as deep into the wilderness as this unique Canadian expedition. We will drive up to Quetico Provincial Park and spend a week canoeing and camping within the pristine wilderness. Quetico has been recognized as one of the top 5 places in the world to paddle and is well known for its scenery and remoteness.

A typical day could include paddling, fishing, beautiful campsites, cliff jumping, waterfalls, picturesque sunsets, and water so clean you can drink directly from the lakes. The park also boasts a variety of wildlife from moose to bald eagles and is recognized worldwide for its incredible fishing.

Join us for this journey whose origins are rooted in the traditions of the French fur traders, the voyageurs.

Don’t miss out on IUOA’s 2014 Canoe Canada adventure! It promises to be the trip of a lifetime.

“You will get to enjoy picking blueberries from Blueberry Island, filleting the fish you caught yourself, hiking with a 60 lb canoe on your shoulders, and being three days away from civilization. I really think that everyone needs to experience perfection!” -Emily Darnell

Interested in more information?

Call-out Meeting:
Tuesday, February 25, 2014
IUOA (Eigenmann Hall) room #20

Summer 2014: July 14-24

To sign up visit IUOA or Call 812.855.2231
outdoors.indiana.edu
100 Days On The Mighty Colorado River
Tuesday, March 11, 2014 // 7:30 - 9:00 PM // IMU: Oak Room

A 2,400-Mile Solo Kayak Odyssey—Join Hoosier adventure traveler **Bryan Brown** to relive his remarkable story about successfully completing the first-ever solo, unsupported descent of the entire 2,400-mile Colorado River watershed in September, 2013, as a tribute to his brother. Consisting of the Green River, and the Upper and Lower Colorado Rivers, the historic Green/Colorado watershed features some of the most fabled and remote whitewater passages on earth: Dinosaur National Monument, Desolation Canyon, Cataract Canyon, Grand Canyon, and Westwater Canyon. This is the journey renowned explorer John Wesley Powell originally intended to take.

---

GEAR SHOP SALE

*Skip the flowers and chocolates this Valentines Day and cash in on flannels and CliffBars!*

- 30% OFF ALL:
  - flannels
  - long sleeve shirts
  - fleeces
  - pants
  - hats & gloves

*Models not included in sale*
Bouldering Wall &
Gear Shop Hours

Sunday 2-6
Monday 12-8
Tuesday 12-6
Wednesday 12-8
Thursday 12-6
Friday 12-6
Saturday 10-2

Where are we...?

Eigenmann Hall, Room 020
1900 E 10th Street
Bloomington, IN 47406

Submit an Article

Want to be featured in the newsletter? Submit an OA trip review, a gear review, a skills how-to, etc. to oareach@indiana.edu.

Connect with Us!

Trip announcements, shop sales, route setting dates, class openings, etc!

IU Outdoor Adventures
@IU_Outdoors
outdoors.indiana.edu
812.855.2231

Dustin Smucker
Leisure Programs Coordinator
dsmucker@indiana.edu / 812.855.1795

Nicci Brown
Assistant Coordinator - Operations
brownnc@indiana.edu / 812.856.4092

Tyler Kivland
Assistant Coordinator - Programs
tkivland@indiana.edu / 812.855.9883

Sam Wright
Graduate Assistant
w.rightsaa@indiana.edu / 812.855.2231

Meredith Strunk
Outreach Coordinator
oareach@indiana.edu / 812.855.2231

Shelbie Loonam-Hesser
Outreach Coordinator
oareach@indiana.edu / 812.855.2231