“I wonder if the snow loves the trees and fields, that it kisses them so gently? And then it covers them up snug, you know, with a white quilt; and perhaps it says ‘Go to sleep, darlings, till the summer comes again.’” - Lewis Carroll

Welcome back to Bloomington! We hope your turkeys were roasted to perfection and you are ready finish the year strong. Over the break, IUOA sent two groups to the fabled Appalachian Trail to hike the Triple Crown. The groups hiked opposite routes among the beautiful mountains and traded cars at the end.

Coming up this winter, you still have a chance to visit beautiful places with us. We are taking road trips to Florida where we will be backpacking from Lake Okeechobee to the Atlantic Ocean. We will also be taking our kayaks to the Everglades and 10,000 Islands. More info on pages 6 and 7.

This month, we have plenty of gear for you to check out, both used and new. We are also featuring Christine White, one of our most dedicated leaders. Read on, and don’t forget to check out some of our winter advice along the way.

“Dreaming of a White Campus”

Connect with Us!
Trip announcements, shop sales, route setting dates, class openings, etc!

IU Outdoor Adventures @IU_Outdoors @iu_outdooradventures outdoors.indiana.edu 812.855.2231
Once a month we recognize one of our Trip Leaders for their hard work and dedication.

Meet Christine White!
Everyone say hello to Christine!
Christine is a senior majoring in Political Science, Economics, and Spanish, with a minor in Arabic. She hails from Indianapolis, IN and happens to be an IU Truman Scholar

Where did you get your interest in the outdoors?
I've hiked, biked, kayaked, and spent a lot of time outdoors with my family for as long as I can remember. It always felt like a place to explore, whether playing Lord of the Rings with my cousins in the backyard, kayaking in Lake Michigan on vacation, or getting to hike up stream beds in southern Indiana.

How did you start at OA?
I signed up for the IU Beginnings Lago trip before freshman year. Meeting new people and kayaking was the perfect way to come to IU, and one of my leaders suggested that I take the Intro to Wilderness Leadership course to become a leader since I liked it so much. Soon enough I was leading trips with her!

What is your favorite outdoor moment/trip?
It’s impossible to choose one, especially after leading so many trips with OA and after a year of studying abroad. Sunrise kayaking in the Everglades and canoeing down the Rio Grande with OA are moments I’ll never forget. Abroad, watching the sunrise on top of Tajumulco volcano in Guatemala, the highest point in Central America, was awe-inspiring. After hiking up the day before during a hailstorm, we were rewarded with an indescribable sunrise high above the clouds. Coming from central Indiana, mountains never cease to move me.

Tell us about your next adventure trip.
OA is heading back down to coastal kayak in the EVERGLADES this Christmas break, and you should come (with all of your friends!) We spend a few days car camping, learning and strengthening paddle skills and exploring nearby Turner River, where you'll get to see plenty of mangrove roots and even some gators! We then set out on a multi-day paddle expedition where we'll island hop, paddle all day, and maybe even get to sleep on a chickee. The trip is perfect for both beginners and more advanced paddlers alike, and it is a perfect way to find some warm relaxation before classes start again.

What is your dream adventure?
Too many to count! I hope to (someday soon) backpack in the Grand Canyon (in the US) and trek the Huayhuash circuit (in Peru). But my dream adventure is to never stop adventuring.

Three interesting facts:
1. I have a twin sister!
2. My favorite fruit is a good honey crisp apple.
3. I love to explore – I’ve lived in 5 countries for 1-6 months, and visited 3 more on short trips.

Most embarrassing moment?
My first field experience with the Introduction to Wilderness Leadership course was backpacking for a weekend in the state forests near Bloomington. We pulled up to the trailhead in the dark, and freezing rain making the trail difficult to traverse and everyone miserable. As we prepared to embark, I pulled out my headlamp and tried to turn it on. Nothing. Frustrated, I opened the rented headlamp and saw that there were no batteries inside. With a sinking feeling, I remembered that OA headlamps don't come with batteries, and I didn't bring any spares with me. No one else did either, so I had to spend the trip asking to borrow my classmates’ headlamps constantly. Never again will I make that mistake!
Featured Course

Cross Country Skiing (SPH-W 138)

Embrace the Snow

Each spring semester IUOA offers a cross country skiing course. We travel up to Gowin, Michigan where we stay in a cabin and ski around the area. During the course, we teach uphill, downhill, and flat land techniques. With these skills, you are able to go out on your own and ski to your heart’s content. So join us, and enjoy the snow while it lasts.

Featured Gear Item

EVERYTHING

Black Friday Sale: Everything 30% off December 1-7

Because we missed out on Black Friday this year, we are making it up to the IUOA community with an entire week of 30% off everything in the shop! The shop has gear and clothing alike, so stop in for a gift for mom or dad, we will have something they will like. If you are gearing up for your next adventure, we have backpacks, climbing gear, hammocks, and headlamps. With brands like Mountain Hardwear, Columbia, Nalgene, and more at affordable prices, you can’t miss out. Come in and treat yourself.
Ye' Old Outdoor Leaders

Take a moment to learn about Charles C. Deam, botanist and the first state forester of Indiana.

In 1865, Charles C. Deam was born in Wells County, Indiana. He grew up on the Wabash River working on a farm with his family. Deam learned significantly about herbal remedies, garden plants, seeds, and farm produce from his father, who supported his interest in learning about Botany.

As an adult, Deam worked a number of odd jobs to support himself until he found a steady position as a pharmacy clerk. He worked long, stressful hours and his boss suggested he take walks to relax. As he did, Deam began gathering plants and started a Herbarium – a preserved collection. When he completed the Herbarium, it was the largest of its time with 78,000 species. The Herbarium is now housed here at Indiana University!

His research in plant collecting and botany was the first of its kind in our state, resulting in Deam being nominated as the first state forester in 1909. In this position, Deam focused on forest reclamation. He noticed that Indiana's soil was eroding due to immense deforestation from the timber and farming industries. By studying Indiana's forests in the past compared to current studies, he predicted a poor future for Indiana's forests without intervention. He implemented more sustainable practices with timber companies and farmers so they could benefit while also better preserving natural resources. Deam used his knowledge of plants to protect Indiana's forests and environment as a whole.

In his lifetime, he discovered 25 new plants, and 48 have been named after him. His environmental research was also published in four books by the Indiana State Government. The U.S. government and Indiana have celebrated his work by naming the Charles C. Deam Wilderness, part of the Hoosier National Forest, and the Deam Lake State Recreation Area after him.

Cold Weather Tips

Layering: WISE, An Acronym to Remember

Wicking - Start with a synthetic wicking layer to take the sweat off you body. This will prevent your clothing from becoming wet, which will make you cold.

Insulating - Your next layer should be your insulating layer. Whether this be a down, a fleece, a synthetic, or a combination, this is the area to trap your heat.

Shell - If it is wet outside, make sure you have a shell layer on, like a rain jacket. This will prevent your insulating layer from being wet, the bane to warmth.

Extras - Once you are bundled up, do not forget the extras! Wool socks, warm gloves, and a non-cotton hat will keep the extremities warm in the winter air.
Paoli Peaks is located just over an hour south of Bloomington in the rolling hills of southern Indiana. Paoli offers a great experience to any skill level. They have plenty of runs ranging from beginner to advanced across their sixty-five skiiable acres. Paoli even has a halfpipe, as well as two terrain parks. When the snow is not falling, the park has the ability to produce 12 inches of snow over night, when the need arises.

Perfect North Slopes, 19074 Perfect Pl Ln, Lawrenceburg, IN 47025

Perfect North Slopes may be another hour away from Bloomington, but it offers more runs and more area than Paoli. With a 400 foot vertical drop from summit to base, Perfect North offers a pretty large spread of runs. From beginner to Expert, Perfect North has everything on its 120 acres. Perfect North even features a one mile long run. For being Indiana, it feels like it belongs to the upper north.

Bloomington Area

Skiing in the Bloomington area? Yes, but only in the cross country variety. Do not forget the variety of areas surrounding Bloomington. The Hoosier National Forest offers plenty of places for cross country skiing, as well as snowshoeing, if that is what you fancy.
Relax after finals this winter and join us as we kayak the beautiful Florida mangroves. We will paddle through the Everglades and 10,000 islands, watching for alligators, manatees, and more birds than we can count.

To Sign up visit IUOA or Call 812.855.2231
Outdoors.indiana.edu
No Experience Necessary
Join us this winter as we backpack the scenic Florida Trail. This year we are covering the lake to ocean section, from Lake Okeechobee to the Hobe Sound Beach. Spend your days visiting scenic lakes, wet prairies, and beautiful stands of cypress trees in Florida.

To Sign up visit IUOA or Call 812.855.2231
Outdoors.indiana.edu
No Experience Necessary
Upcoming Trips

Start planning early for all the amazing trips happening this school year!

Remember, no experience necessary!

Spring Break - March 13-22

<table>
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<tr>
<th>Activity</th>
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<tr>
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<tr>
<td>Mountain Biking</td>
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Used Gear Sale

Saturday, December 13

9 a.m. - 12 p.m.

The IUOA traditional gear sale is rolling around December 13th!
We are selling our retired rental equipment to the public, as well as having a sale on shop items.

We are Selling:

- Canoes
- Sleeping Bags
- Lowe Backpacks
- Coastal Kayaks
- Tents
- Stoves
- PFD's
- Tarps
- Crampons
- AND MORE!

If you are interested in selling your own gear at the sale, contact Nicci Brown at brownnc@indiana.edu.
A full table costs $10, but a half table is only $5.
Staff Directory

Bouldering Wall & Gear Shop Hours

Sunday  2-6  
Monday  12-8  
Tuesday  12-6  
Wednesday  12-6  
Thursday  12-6  
Friday  12-6  
Saturday  10-2

Where are we...?

Eigenmann Hall, Room 020  
1900 E 10th Street  
Bloomington, IN 47406

Submit an Article

Want to be featured in the newsletter? Submit an OA trip review, a gear review, a skills how-to, etc. to oareach@indiana.edu.

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