

# Grand Canyon Backpacking

## Trip Description

Join us, as we backpack into the depths of the Grand Canyon, one of the seven natural wonders of the world. Our adventure begins at the rim of the canyon before descending to the very bottom, roughly 4,500 feet from our departure point.

Exceptional views will guide our way to the base, and waterfalls, swimming holes, and slot canyons await us at the bottom.

Due to the challenging nature of desert canyon travel, backpacking experience and a strong mental attitude are highly recommended.

This trip presents the Grand Canyon in a way that not many are fortunate enough to experience, and it is guaranteed to be an unforgettable experience.

## Accommodations:

- 7 nights of primitive camping (no toilets or running water)

## Mandatory Planning Meeting:

- February 23, 6:30-8:30pm @ IUOA

**Enrollment Limit: 8**



**Trip Dates:** March 9-17, 2012

Please sign up by calling **812-855-2231**, or stopping by IUOA (in Eigenmann Hall), **on or before February 3, 2012.**

**Cost:** \$725 for IU Student  
\$775 for Public

## Cost includes:

- Instruction
- Food (while on-trail and at camp)
- Permits and fees
- Group Gear (tents, backpacks, cooking gear)
- Transportation

## Cost does not include:

- Food (during car travel)
- *All items on packing list (see page 2)*



# Grand Canyon Backpacking Packing List



Below is a list of items you may need and/or want to use on your trip. We do not expect you to buy all the gear on this list in brand new condition. This is simply a list of **necessary** and suggested items that you can rent or purchase, from IUOA, before your trip's departure.

Good places to purchase gear are IUOA Gear Shop (in Eigenmann), Goodwill (or other consignment shops), JL Waters (on the Square), Dick's Sporting Goods, etc.

## GEAR KEY:

- **The items (and quantities of items) in bold type are mandatory.**
- The items not bolded are for comfort, but are not necessary.
- \*Item is available for rent from IUOA. **Please call 855-2231 by Feb 24, 2012 to reserve gear.**
- <sup>§</sup> Item is available for purchase from IUOA. Please call for price and availability.

## Sleeping

- **Synthetic sleeping bag (rated to 30° F) \***
- **Sleeping pad \* (if air mattress, bring repair kit)**

## Clothing

- **1 Waterproof jacket <sup>§</sup>**
- **1 Waterproof pants <sup>§</sup>**
- **1-2 Long sleeve shirts (synthetic or wool) <sup>§</sup>**
- **1-2 Short sleeve shirts (synthetic or wool) <sup>§</sup>**
- **1-2 Mid-weight insulating tops (synthetic or wool) <sup>§</sup>**
- **1 Pair long pants (synthetic) <sup>§</sup>**
- **1-2 Pair(s) shorts (for trail/camp, synthetic) <sup>§</sup>**
- **1-2 Long underwear pants (synthetic or wool) <sup>§</sup>**
- **1 Cap (for sun) <sup>§</sup>**
- **1 Hat (synthetic, for cold weather) <sup>§</sup>**
- **1-2 Pair gloves/mittens (synthetic – fleece, wool, etc.) <sup>§</sup>**

## Footwear

- **1 pair of mid to high trail boots/shoes**
- **1 pair shoes or sandals (for camp)**
- **3-4 pairs of socks (synthetic) <sup>§</sup>**
- Low/short gaiters

## Eating

- **1 Plate/bowl <sup>§</sup>**
- **1 Eating utensils (spoon and/or fork, spork) <sup>§</sup>**
- **2 Water bottles (32oz each minimum) \*<sup>§</sup>**

## Other

- **Lip protection <sup>§</sup>**
- **Sun block <sup>§</sup>**
- **Sunglasses**
- Personal hygiene items <sup>§</sup>
- 1-2 Bandana/handkerchief <sup>§</sup>
- Personal medications
- **1 Flashlight/headlight \*<sup>§</sup>**
- **Extra batteries <sup>§</sup>**
- **Plastic bag(s) of various sizes <sup>§</sup>**
- **Money**
- Camera <sup>§</sup>
- Trekking Poles \*
- Extra snacks, electrolytes (for drinks) <sup>§</sup>

## Group gear provided by IU Outdoor Adventures:

- |  |                |
|--|----------------|
| ✓ Tents                                      | ✓ Tarps        |
| ✓ Food (menu determined in planning meeting) | ✓ Cooking Gear |
| ✓ Backpack (4000 cubic inches or more)       | ✓ Whistle      |
| ✓ Compass                                    |                |